

Determinants of Time to First Marriage Among Rural Women in Ethiopia

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Abstract: Age at marriage is of particular interest because it marks the transition to adulthood in many societies; the point at which certain options in education, employment, and participation in society are foreclosed. This study aimed to investigate demographic and socioeconomic factors affecting age at first marriage in Ethiopian women. The data source used for the analysis was the 2011 Ethiopian Demographic and Health Survey, which is country representative survey. The study considered 10,417 women aged 15-49 years from nine regions and one city administration. Accelerated failure time model was used for identifying factors associated with age at first marriage. The median time for age at first marriage was 17 years (95% CI: 16.90, 17.10). Based on Akaike's information criterion (AIC) the Log-logistic accelerated failure time model was found to be the best model in describing the age at first marriage among other candidate models. The result based on this model showed that region, women's educational level, wealth index and religion significantly affect timing of first marriage. Women who had secondary and higher education prolonged time-to-first marriage by the factor of $\phi = 1.42$ and $\phi = 1.46$, respectively. Women from Oromia, Somali, SNNP and Dire Dawa have prolonged time to age at first marriage by $\phi = 1.02$, $\phi = 1.05$, $\phi = 1.08$, and $\phi = 1.09$ respectively. However, women from Amhara region ($\phi = 0.89$), Benishangul-Gumuz region ($\phi = 0.95$) and Gambela region ($\phi = 0.95$) had a significantly higher risk of early first marriage compared to their counterparts in the Tigray region. The acceleration factors for middle wealth index and rich are 0.99 and 0.98 respectively using poor household reference. This implied that poor household women have longer time-to-age at first marriage. Improving girls and young women access to education is important for rising the women's age at first marriage, which is vital for empowering them and enhancing their participation in any sector.

Keywords: Survival Data Analysis, Time to First Marriage, Accelerated Failure Time Model, Marriage

1. Introduction

Age at marriage is of particular interest because it marks the transition to adulthood in many societies; the point at which certain options in education, employment, and participation in society are foreclosed; and the beginning of regular socially acceptable time for sexual activity and childbearing [24]. Very early marriage is said to undermine other rights guaranteed by the convention, including the right to be protected from physical abuse and sexual exploitation and the right not to be separated from parents against one's will [26]. Yet many girls, and a smaller number of boys, enter

marriage without any chance of exercising their right to choose. Some are forced into marriage at a very early age; others are simply too young to make an informed decision about their marriage partner or about the implications of marriage itself. On the other hand, delayed marriage, are believed to bring in the issues of dating, premarital sex, unwanted pregnancy, abortion, STDs and HIV/AIDS [15].

As in most developing countries, early marriage is prevalent in Ethiopia. The 2000 Ethiopian DHS further reveals that 31% of women aged 25-49 years were married before age 15 and 70% of women in the same age group were married before age 18. The median age at first marriage in

the same year was 16 years [4]. The 2005 EDHS also maintains similar trends. The report shows that, nationwide, close to 44% women aged 25–49 were married before age 15 and 66% were married before age 18. In 2005, the median age at first marriage was 16.1 years [5].

Having realized that there are limited studies that have been carried out in Ethiopia and the differentials and socio-economic determinants of age at first marriage in the country are not adequately known, this study attempt to establish the differentials and determinants of age at first marriage in Rural Ethiopian setting.

2. Methodology

2.1. Source of Data

The data for this study was extracted from the published reports of Ethiopian Demographic and Health Survey [6]. It is the third survey conducted in Ethiopia as part of the worldwide DHS project. The principal objective of the 2011 EDHS was to provide current and reliable data on marriage, fertility and family planning behavior, child mortality, adult and maternal mortality, children's nutritional status, use of maternal and child health services, knowledge of HIV/AIDS, and prevalence of HIV/AIDS and anemia.

2.2. Sampling Design

The sample for the 2011 EDHS was designed to provide population and health indicators at the national (urban and rural) and regional levels. The 2007 Population and Housing Census, conducted by the CSA, provided the sampling frame from which the 2011 EDHS sample was drawn. Administratively, regions in Ethiopia are divided into zones, and zones into administrative units called weredas. Each wereda is further subdivided into the lowest administrative unit, called kebele. During the 2007 census each kebele was

subdivided into census enumeration areas (EAs), which were convenient for the implementation of the census.

The 2011 EDHS sample was selected using two stage cluster design and EAs were the sampling units for the first stage. The sample included 624 EAs, 187 in urban areas and 437 in rural areas. Households comprised the second stage of sampling. A complete listing of households was carried out in each of the 624 selected EAs from September 2010 through January 2011. A representative sample of 17,817 households was selected for the 2011 EDHS, of these, 16,702 were successfully interviewed. In the interviewed households 17,385 eligible women were identified for individual interview; complete interviews were conducted for 16,515. Women whose current ages are 15–49 years are included in the survey. Out of all 16,515 urban and rural respondents 10,417 rural women from nine regions and Dire Dawa city administration were included in the study. The data was analyzed using R and STATA statistical soft wares.

2.3. Variables in the Study

The Response Variable

The response variable is time to first marriage. It is measured as the length of time from birth until the age at first marriage which is measured in years. During the survey all women were asked a series of questions regarding to their marital status and whether they had ever lived with a man. The response to this question constitutes the women age at first marriage and women who had not yet experienced the events resulting in right censoring of the data.

Explanatory Variables

Several predictors were considered in this study to investigate the determinant factors of time to first marriage. These are women education level, region, religion, women work status, wealth index, and mass media. All of these covariates are categorical.

Table 1. Coding and explanation of explanatory variables.

Variable	Description	Categories
Women education level	Women's level of education	0= No education; 1= Primary; 2= Secondary, 3= Higher
Region	Women's region	1= Tigray, 2= Affar, 3= Amhara, 4= Oromiya, 5= Somali, 6= Benishangul-Gumuz, 7= SNNP, 8= Gambela, 9= Harari, 10= Dire Dawa
Religion	Women's religion	1= Orthodox, 2= Muslim, 3= Protestant, 4= Others
Women work status	Women's Working status	0= Not had work, 1= Had work
Wealth index	Household wealth index	1= Poor, 2= Middle, 3= Rich
Mass media	Access to mass media	0= No, 1= Yes

2.4. Methods of Data Analysis

This study was used accelerated failure time model to identify factors associated with age at first marriage.

Accelerated Failure Time Model

Although parametric models are very applicable to analyze survival data, there are relatively few probability distributions for the survival time that can be used with these

models. In these situations, the accelerated failure time model (AFT) is an alternative to the Proportional hazards model for the analysis of survival time data. Under AFT models we measured the direct effect of the explanatory variables on the survival time instead of hazard. This characteristic allows for an easier interpretation of the results because the parameters measure the effect of the correspondent covariate on the mean survival time.

The AFT model states that the survival function of an

individual with covariate X at time t is the same as the survival function of an individual with a baseline survival function at a time $t \cdot \exp(a'X)$, where $a' = (a_1, a_2, \dots, a_p)$ is a vector of regression coefficients. In other words, the accelerated failure-time model is defined by the relationship.

$$S(t|X) = S_o\{t \cdot \exp(a'X)\}, \text{ for all } X \quad (1)$$

In this study the Weibull AFT, log- logistic AFT, and log-normal AFT Models were considered.

Model Selection: For comparing models that are not nested, the Akaike's information criterion (AIC) is used which is defined as:

$$AIC = -2\text{LogL} + 2(k+c+1) \quad (2)$$

Where k is the number of covariates and c the number of model specific distributional parameters. Lower values of the AIC suggest a better model.

3. Results

A total of 10,417 rural women from nine regions and Dire Dawa city administration were included in the study. Out of the total women interviewed, 2,145(20.6%) did not get married at the time of the survey and none of the respondents had a marriage experience but unable to recall the age at first marriage (Left censored). Majority of the respondents, 8,272(79.4%) were married at the time of the survey or had an experience before. About 12.2% of the respondents were from Tigray, 9.8% from Affar, 16.2% from Amhara, 16.1% from Oromia, 5.5% from Somali, 9.9% from Benishangul-Gumuz, 15.1% from SNNP, 7.7% from Gambela, 4.1% from Harari region and the rest 3.4% from Dire Dawa.

With regard to educational attainment, about 64.3% of the respondents had no education, while 32.9% had primary education, and 2% had attended secondary education. About 64.6% of the women respondent had no any access of mass media. About 53.7% of the household's were classified as poor while 19.8% had middle income and 26.6% were rich. More than half (70%) of the women respondents had no work. Of the total women, 35.1% were Orthodox, 42.3% Muslim, 19.6% Protestant, and 3% of them were from other

religion followers at the time of the survey. The overall median time of age at first marriage for Rural Ethiopian women is 17 years with 95% CI; (16.90, 17.10).

Accelerated Failure Time Model Results

The datasets was fitted using Weibull, log-logistic and log-normal AFT model. For age at first marriage data, multivariable AFT models of weibull, log-logistic, and log-normal distributions were fitted by including all the covariates those are significant in the univariable analysis at 20% level. To compare the efficiency of different models, the AIC was used. A model having the minimum AIC value was preferred. Accordingly, Log-logistic AFT model (AIC = 46,830.22) found to be the best for age at first marriage data sets from the given alternatives when including all the covariate those are significant in the uni-variable analysis. AFT models and the corresponding AIC values are displayed in table 2.

Table 2. Comparison of AFT Models Using AIC.

Baseline Distribution	AIC
Weibull	49,916.13
Log- logistic	46,830.22
Log- normal	47,228.63

From the log-logistic accelerated failure time model, Women's educational level when using no education as reference and religion (Orthodox as reference) prolong time-to-age at first marriage, while wealth index when using poor as reference and some categories of region when Tigray was reference statistically significantly shorten time-to-age at first marriage in Rural Ethiopia.

Under the log-logistic AFT model, from region category Affar region (p-value = 0.181, ϕ = 1.02, 95% CI: (0.993, 1.039)) and Harari region (p-value = 0.949, ϕ = 1.001, 95% CI : (0.9731, 1.0288)) are not significant when compare to Tigray region. From the variable religion category Muslim was not significant when using orthodox as the reference category with (p-value = 0.081, ϕ = 1.01, 95% CI: (0.998, 1.028)). Also, households with middle wealth index was insignificant by using poor households as a reference category with (p-value = 0.292, 95% CI: (0.983, 1.005), ϕ = 0.99).

Table 3. Log-logistic Multi-variable AFT Model for Age at First Marriage data.

Covariates	Coef	Se(Coef)	ϕ	95%CI for ϕ	p-value
Region					
Tigray	Ref				
Afar	0.01	0.01	1.02	(0.993,1.039)	0.181
Amhara	-0.1	0.01	0.89	(0.877,0.906)	0.000
Oromiya	0.02	0.01	1.02	(1.001,1.041)	0.036
Somali	0.05	0.01	1.05	(1.022,1.075)	0.000
Benishangul-G	-0.06	0.01	0.95	(0.926,0.965)	0.000
SNNP	0.07	0.01	1.08	(1.054,1.099)	0.000
Gambela	-0.05	0.01	0.95	(0.925,0.969)	0.000
Harari	0.001	0.01	1.001	(0.974,1.029)	0.949
Dire Dawa	0.09	0.02	1.09	(1.060,1.126)	0.000
Women education level					
No education	Ref				
Primary	0.1283	0.01	1.14	(1.126,1.148)	0.000
Secondary	0.3526	0.02	1.42	(1.369,1.478)	0.000

Covariates	Coef	Se(Coef)	ϕ	95%CI for ϕ	p-value
Higher Wealth index	0.3762	0.03	1.46	(1.380,1.540)	0.000
Poor	Ref				
Middle	-0.0062	0.01	0.99	(0.983,1.005)	0.292
Rich	-0.0246	0.01	0.98	(0.965,0.987)	0.000
Women work status					
Not had work	Ref				
Had work	-0.004	0.00	0.99	(0.986,1.006)	0.419
Religion					
Orthodox	Ref				
Muslim	0.01	0.01	1.01	(0.998,1.028)	0.081
Protestant	0.02	0.01	1.02	(1.006,1.039)	0.009
Others	0.01	0.01	1.01	(0.986,1.043)	0.328

Coef : coefficient, Se: Standard error, ϕ : acceleration factor, CI : Confidence interval, Ref : Reference

From table 3 the estimated acceleration factor for women from Amhara, Oromia, Somali, Benishangul-Gumuz, SNNP, Gambela and Dire Dawa is estimated to be 0.89, 1.02, 1.05, 0.95, 1.08, 0.95, 1.09 with 95% CI; (0.877, 0.906), (1.001, 1.041), (1.022, 1.075), (0.926, 0.965), (1.054, 1.099), (0.925, 0.969), (1.06, 1.126) respectively by using Tigray region as reference category. This indicates women from Oromia, Somali, SNNP and Dire Dawa have prolonged time to age at first marriage and time-to-age at first marriage decreased in Amhara, Benishangul-Gumuz and Gambela region than Tigray region women.

The acceleration factors for women attending primary education, secondary education, and higher are 1.14, 1.42, and 1.46 with 95% CI; (1.126, 1.148), (1.369, 1.478), (1.38, 1.54) respectively. These confidence intervals does not include one in all category; indicating primary, secondary and higher education's were significantly important factors for the timing of age at first marriage by using uneducated women as a reference category. This indicates that women with primary, secondary and higher education prolonged age at first marriage.

The acceleration factors for middle wealth index and rich are 0.99 and 0.98 with 95% CI; (0.983, 1.005), and (0.965, 0.987) respectively by using poor household as reference. This implied that poor house hold women had longer time-to-age at first marriage, however the difference is not significant for middle and poor house hold wealth index ($P=0.292$). The acceleration factor for protestant religion was 1.02 with 95% CI: (1.006, 1.04) by using Orthodox as reference category. This result suggested that women from Protestant religion had longer time-to-age at first marriage than women from Orthodox religion.

4. Discussion

The findings of this study revealed that wealth index and Amhara, Benishangul-Gumuz and Gambela region have a significantly shorter time-to-age at first marriage while women's educational level, religion, and from region category (Oromia, SNNP and Dire Dawa) prolonged time-to-age at first marriage among women in Rural Ethiopia. About 67.1% of women were married before age of 18 years. This indicates that early marriage is highest in Ethiopia. The

median time of age at first marriage for Rural Ethiopian women was 17 years with 95% CI; (16.90, 17.10).

The findings of this study suggested that women's educational level had a significant effect on time to age at first marriage with 5% level of significance and it prolonged age at first marriage by the factor of $\phi = 1.14$, $\phi = 1.42$ and $\phi = 1.46$ for primary, secondary and higher education respectively when compared to illiterate women. The result of the study shows that woman who had higher education was more survived than those uneducated and primary education. A similar study conducted in Ethiopian by Tezera (2013) used data from 2011 EDHS to examine the effect demographic and socioeconomic variables to determine early marriage among women. The result of the study showed that educational level of women was found to be significant predictors for early marriage. Similar study in Malawi by Palamuleni (2011) also found that women education were statistically significant factor of age at first marriage. Also, Agaba et al (2011) indicates that educational attainment were strong socio-economic determinants of first marriage in Western Uganda.

The results of this study suggested that region was significant predictive factor for the timing of age at first marriage of women in Rural Ethiopia. Women in the Oromia region, Somali region, SNNP region and Dire Dawa administration prolong age at first marriage by a factor of $\phi = 1.02$, $\phi = 1.05$, $\phi = 1.08$, and $\phi = 1.09$ respectively compared to those in the Tigray region. However, women from Amhara region ($\phi = 0.89$), Benishangul-Gumuz region ($\phi = 0.95$) and Gambela region ($\phi = 0.95$) had a significantly higher risk of early first marriage compared to their counterparts in the Tigray region. A study conducted by Tezera (2013) to examine the effect demographic and socioeconomic variables to determine early marriage among women in Ethiopia. The result of the study revealed that region of women was significant predictor for early marriage. A similar study in Nigeria by Adebawale *et al.* (2012) also found that region was significantly associated with the timing of first marriage. Also another study in Vietnam by Lung Vu (2009) finds that region was significantly related to age at first marriage.

The result of this study revealed that household wealth index were significantly shortened time to age at first

marriage in Rural Ethiopian women. Compared to rich women, poor women had relatively lower risk of first marriage. This result contradicts with a study by Kamal (2011) in the Ethnic Tribal women in Bangladesh. The findings revealed that Parents' economic status had the most significant effect on marital timing. The higher the economic status of the parents, the lower is the probability of age at earlier marriage. Studies elsewhere suggest the opposite of this, with poor women having a relatively higher risk of first marriage (Haloi and Limbu, 2013; Hoq, 2013).

The result of this study also revealed that religion was an important factor for age at first marriage of women in Rural Ethiopia. Women from protestant religion had prolonged age at first marriage by a factor of $\phi = 1.03$ as compared to Orthodox. These findings are similar to Tezera (2013) in Ethiopia and the study showed that religion of women was found to be significant predictors for early marriage. The same study in Nigeria by Adebawale *et al.* (2012) found religion were significantly associated with the timing of first marriage. Another study by Agaba *et al.* (2011) religion is strong social determinant of first marriage in Western Uganda. This result is consistent with Erulkar (2013) in Ethiopia, Abdallah (2011) in Nigeria, Bayisenga (2012) in sub-Saharan Africa, Ikamari LD, (2005) in Kenya.

5. Conclusions

The main objective of this study was modeling the determinant of age at first marriage by using AFT models. The result of Log-logistic AFT model showed that region, women's educational level, wealth index and religion were found significant predictors to age at first marriage among women in Rural Ethiopia. Among these significant predictors, women's educational level and religion of women prolong age at first marriage while wealth index of the family shortens timing of first marriage.

The study findings reveal that education is the most significant variable affecting age at first marriage in rural Ethiopia. Therefore, it is important that government policies promote the status of women in rural Ethiopia by helping them to have more access to education so that they can make their own decision regarding when to get married. It is crucial to continue improving girls and young women access to education is important for rising the women's age at first marriage, which is vital for empowering them and enhancing their participation in any sector. The education system should aim at providing life skills to enable girls avoid early marriage as well as providing reproductive health information so that they are aware of the advantages of delayed marriage.

List of Abbreviations

AFT= Accelerated Failure Time
AIC= Akaike Information Criterion
CI= Confidence Interval
CSA= Central Statistics Agency
DHS= Demographic and Health Survey

EAs= Enumeration areas

EDHS= Ethiopian Demographic and Health Survey

HIV/AIDS= Human Immune deficiency Virus/Acquired Immune deficiency Syndrome

STDs= Sexual Transmitted Diseases

Declarations

Ethics approval and consent to participate

Human subject research approval for this study was received from Jimma University Research Ethics Committee.

Availability of Data and Materials

The data sets analyzed in this study available from the corresponding author on reasonable request. The R code used to analyze the data provided as a supplement of the article.

Conflict of Interest

The authors declare that they have no competing interests.

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Author's Contributions

YM contributed to the study concept and design, performed the analysis on the data set as well as wrote the first draft of the paper. BB and DK contributed to the analysis and interpretation of the data, in addition to drafting and critical revision of the manuscript. DS contributed to the study concept and design. All authors read and approved the final manuscript.

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